

BLOOMSBURG HUSKIES

2018 Volleyball Camps

Camp Dates:

Team Competition Camp - July 20-22

Elementary Day Camp - July 22-24

Middle School Camp - July 22-24

Individual Skills Camp - July 22-24

Team Instructional Camp - July 25-28

Register for Camp Today!

Click on the following link for more information and to register for camp:

<http://www.bucamps.com/volleyball>



Dan Kreiger is currently the head coach of the brand new volleyball program at Bloomsburg University. In 2017, Dan helped the Juniata men's volleyball team to a conference championship and appearance in the elite eight. Previously, Dan served on staff at Lock Haven University for 5 seasons. While at LHU, the Bald Eagles compiled an overall record of 109-59, including a 70-34 mark in PSAC play. They earned 2 NCAA tournament berths, 3 PSAC East championships and finished as conference runner-up in both 2011 and 2012. Individually, student-athletes he has mentored have earned 19 all-PSAC awards, 12 all-region awards, 2 PSAC Players of the Year, 1 Defensive Player of the Year and 4 all-American awards. In total, Dan has spent 18 seasons as a collegiate coach. He has mentored 40+ all-conference student-athletes as well as multiple all-American and all-region award winners.

Dan Kreiger - Head Women's Volleyball Coach

EMAIL: dkreiger@bloomu.edu

PHONE: 570-389-4873

Team Competition Camp - July 20-22**\$200 per camper (Early Bird - \$185)**

Bring your team for an intense weekend of competition. The focus of this camp is centered on a team tournament, offering 6 sessions with matches against at least 2 teams each session. BU players and staff will serve as officials. We will also offer discussions on team systems, demos, etc. Coaches will have the opportunity to participate with our camp staff in talks on mental training, skill development and a variety of other volleyball topics. We will offer multiple brackets of competition (Varsity/JV), if there is interest. One coach per team may attend at no cost.

Camp Check-in: 7/20-10am; Camp Check-out: 7/22-11am

Elementary Day Camp - July 22-24 \$60 per camper (Bring a friend discount-\$10)

Camp will be 6 hours of fun and excitement while introducing the wonderful sport of volleyball to each of the campers. We will introduce the basic skills of passing, setting, serving and attacking. The focus will be on showing each camper how much fun it is to play volleyball. Each camper will receive a camp t-shirt and an invitation to our Youth Volleyball night this coming fall. Open to boys and girls in grades K-4.

Camp times: 7/22 – 2-4pm; 7/23 – 10am-12pm; 7/24 10am-12pm

Middle School Camp – July 22-24 \$265 (Bring a friend discount-\$10) Early Bird \$250

This camp is designed for girls entering grades 5 through 8. We will offer these campers an opportunity to learn the basic fundamental skills and concepts of the game of volleyball. Instruction will be adapted to the younger age group. There will be fun activities included in every camp session. All the skills will be covered – serving, passing, setting, attacking, blocking, and digging. In addition, we will also cover rotations and overlap rules, basic positions, team systems and competition. More advanced training will be given to campers with previous volleyball experience.

Camp Check-in: July 22-1pm; Camp Check-out: July 24-11am

Individual Skills Camp – July 22-24 \$265 per camper (Early Bird \$250)

Campers will receive detailed instruction for the position of their choice. All campers will be taught serving and passing skills to further enhance their development as a complete volleyball player. There will also be opportunities to combine positions for game-like repetitions and competition. Each position will focus on these specialized areas:

Defensive Specialist	Middle Blockers	Setters	Outside Hitters
Platform Skills Serve Receive Digging Emergency Skills Out of System Setting	Attacking Footwork Transition Footwork Arm Swing Blocking Out of System Attacking	Hand Positioning Footwork Location Various Tempos Attacking Blocking Defense	Serve Receive to Attack Transition Footwork Arm Swing Hitter's Toolbox Out of System Attacking Blocking Defense

Camp Check-in: July 22-1pm; Camp Check-out: July 24-11am

Team Instructional Camp – July 25-28 \$305 per camper (Early Bird \$290)

This camp has it all – lots of competition, skill and systems instructions, and fun! Teams and coaches experience the advantage of team training and competition as you prepare for the start of your season. Each team will be assigned 1-2 camp staff. Morning sessions will focus on key concepts of serving, passing, setting, attacking, blocking, and digging, which will enable each camper to raise their overall level of play. Afternoon sessions will focus on the offensive and defensive systems and team training that will train in at Bloomsburg University. Evening sessions will be devoted to competition. Each team will have a chance to put their new skills to use in competitive drills and games against other teams.

Camp Check-in: July 25-1pm; Camp Check-out: July 28-11am

*Team Competition and Team Instructional camps – One coach per team may attend at no cost.

**All commuters, deduct \$40 from the registration amount.

***Early Bird Discount: Registered and paid in full before April 15, 2018.

